

UPPER SOUTHAMPTON

Township

Official Township Newsletter

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Welcome to Our Spring/ Summer Newsletter 2022

See Page 12 for Summer Camp Information

Dear Residents and Friends

Upper Southampton Township is pleased to present our Spring/Summer 2022 Township newsletter. This publication provides you with information on municipal services and officials, contact numbers for municipal offices and other agencies, and updates on current projects being undertaken within Upper Southampton Township.

We extend a special thanks to the businesses and professional members of our community whose support through advertising has made publication of this newsletter possible at no cost to taxpayers. Please support the local businesses that support Upper Southampton Township.

We would like to take this opportunity to encourage all residents of Upper Southampton Township to contact the municipal offices for any assistance you may need. Community service is a priority of the Township. We strive to do our best to make this community better for all our residents.



939 Street Road, Southampton, PA 18966 Phone: (215) 322-9700 Fax: (215) 322-0405











About Upper Southampton Township

Upper Southampton Township is a second class township of the Commonwealth of Pennsylvania. It is governed by a Board of Supervisors consisting of five elected members who serve six-year terms.

This five-member board appoints a manager to oversee the daily operation of government. The supervisors enact, by majority vote, ordinances and resolutions, levy taxes, approve land development plans, approve all expenditures and budgets, approve the hiring and/or termination of all township employees, and make appointments to advisory boards, committees, and commissions which serve the township.

BOARD OF SUPERVISORS

Keith E. Froggatt, Sr. (Term: 2027)

Thomas A. McCullough (Term: 2025)

Stephen A. Wallin (Term: 2025)

Raymond M. Grossmuller (Term: 2027)

Marguerite C. Genesio (Term: 2023)

The Board meets for regular public meetings the Second Tuesday of each month at 6:30PM in the Southampton Free Library, Lower Level Meeting Room, 947 Street Road, Southampton.



Southampton Days Cheers to 50 Years!

Southampton Days Country Fair

Save the Date Now!!

July 4th – July 9th 2022

Follow us on Facebook

Visit our website: www.southamptondays.com





Upper Southampton Township gratefully acknowledges the generosity and support of the businesses and individuals who have placed advertisements in our newsletter. This newsletter has been designed and printed at no cost to you, our residents. We encourage

you to patronize these businesses as they play a vital role in the economic stability of our community.

WHY WORK WITH US?

- Be Your Own Boss
- Enjoy Outside Sales Independence
- Proven Products
- Flexible Schedule
- Generous Commissions



Email your resume to gregory.cbn@gmail.com



McGHEE-GIVNISH FUNERAL HOME, INC

690 Belmont Avenue, Southampton, PA 18966 Phone: 215.355.0902 Fax: 215.355.5040 Toll Free: 800-GIVNISH Brendon T. McGhee, Supervisor

TOWNSHIP NEWS:

DEPARTMENT OF EMERGENCY MANAGEMENT



Upper Southampton Twp. Department of Emergency Management asks Are you signed up?

The likelihood that you and your family will survive a house fire depends as much on having a working smoke detector and an exit strategy, as on a well-trained fire department. The same is true for surviving a natural disaster, terrorist attack or other emergency. We must all have the tools and plans in place to make it on our own, at least for a period of time, no matter where we are when disaster strikes. One of those tools is the Ready Notify Alert System. This is a notification system utilized by both the local and county emergency management agencies. By signing up you can receive important emergency information such as severe weather, emergency road closures as well as local, county and state declared emergencies on your home phone, cell phones or emails. It is as simple as logging on to www.ReadyNotifyPA.org and follow the Bucks County tabs to register. You can also access the registration area by logging on to the USTWP.org and click on the Ready Notify section of the home page. You set the level of information that you want to receive as well as the method by which you wish to receive the information. If you are already signed up it is important to update your information such as contact numbers or changed emails. *Mark Showmaker, Director of Emergency Management*

Sign Up Now and Stay Alert

Help us help you! Snow Emergency Parking Restriction Reminder

As winter approaches, the Department of Emergency Management would like to remind residents of the parking restrictions during "Declared Snow Emergencies." Although not every snowfall requires a Snow Emergency Declaration, there are storms that produce significant snow accumulation hindering the movement of traffic to the extent that it is necessary for the Township to declare a "Snow Emergency." Once a Snow Emergency is declared, residents are required to remove all vehicles from all Township streets during the snow emergency. Information on the existence of a snow emergency will be given through the Township website at www.ustwp.org, the Township Facebook page, radio stations, newspapers, and other available media. Residents are asked to check this media during fall to

keep up with current information.

Parking is prohibited on snow emergency routes during a declared snow emergency. All streets in the Township of Upper Southampton are designated as snow emergency routes. After a snow emergency is declared, it shall be unlawful, at any time during the continuance of the snow emergency, for any person to park a motor vehicle or to allow that vehicle to remain parked anywhere on any Township street. The police department is authorized to issue parking citations and remove vehicles parked on any Township street during a snow emergency.

Thank you for your cooperation.

UPPER SOUTHAMPTON POLICE DEPARTMENT



Officer Spotlight: Fred Williamson

- 1. Years of dedicated service? 28 years total: New Hope PD 93'-97, USPD part time 95'-'97 USPD full time '97-Present
- 2. Favorite part of being a police officer?
 Being the right guy, at the right place, at the right time.
- 3. Best place you've travelled to and why? New Orleans, I love the people, the history, the music, and particularly the food!
- 4. Favorite movie line?

 "No matter where you go.... there you are!" (Buckaroo Banzai!)
- 5. What chore do you hate doing?
 Painting, in any form... I would rather chew tin foil.

- 6. If you weren't a police officer, what would be doing?
 - A Stand up Philosopher.... But Mel Brooks called it something different.
- If you could meet anyone, living or dead, who would it be?
 Ben Franklin... a brilliant man, I bet he had
- one hell of a sense of humor.

 8. What was your first concert you attended?
- "Cheap Trick". Funny how "I want you to want me". Is on the oldies station.
- You win a substantial lottery, what is your first purchase?
 1928 Thompson SMG
- 10. 3 words to live by? Don't be mean. (Also Buckaroo Banzai!)



Upper Southampton Police Community Enhancement Foundation Presents

Monte Carlo Night

Friday, April 8th 2022 Date: 7:00PM to 11:00PM Time:

Maggio's Ballroom Where:

400 Second Street Pike

Southampton, PA 18966

Tickets: \$100 per person



Unlimited Food, Draft Beer, and House Wine

\$500 in play money chips for gaming tables

Chips will be redeemed for chance raffle tickets

Raffle Prizes

Silent Auction Items

GAMES INCLUDE:

Blackjack

Roulette

Craps

Let It Ride Poker

Three Card Poker

Texas Hold'em Poker

For tickets and sponsorships, contact Craig Rudisill: crudisill@ustwp.org | 215-364-5000 x 117

Please email completed registration form to crudisill@ustwp.org and payment by check made out to USPCEF. Donations are tax deductible.

All funds raised will go to the Upper Southampton Police Community Enhancement Foundation. A registered 501c3 non-profit organization.









STORMWATER MANAGEMENT

Three things you should know about Stormwater Runoff.

- 1. Stormwater runoff can cause a number of environmental problems:
 - Fast-moving stormwater runoff can erode stream banks, damaging miles of aquatic habitat.
 - Stormwater runoff can push excess nutrients from fertilizers, pet waste and other sources into rivers and streams. Nutrients can fuel the growth of algae blooms that create low-oxygen dead zones that suffocate marine life.
 - Stormwater runoff can push excess sediment into rivers and streams. Sediment can block sunlight from reaching underwater grasses and suffocate shellfish.
 - Stormwater runoff can push pesticides, leaking fuel or motor oil and other chemical contaminants into rivers and streams. Chemical contaminants can harm the health of humans and wildlife.
 - · Stormwater runoff can also lead to flooding.
- 2. What happens to a drop of rain when it falls onto the ground?

- It may land on a tree and evaporate;
- It may land on a field and soak into the soil; or
- It may land on a rooftop, driveway or road and travel down the street into a storm drain or stream.
- **3.** How you can minimize runoff
 - Minimize impervious surfaces on your property
- Line impervious surfaces with gravel trenches.
- Install rain barrels to collect water that drains off your roof to irrigate landscape beds and lawns
- Replace lawn areas with native plants.
- Add organic matter to your soil.
- Don't leave soil exposed.
- Plant trees and preserve existing ones.
- Don't create runoff when washing your car.
- Create a rain garden.
- Reduce the slope of your yard.
- Install berms and vegetated swales.

Employment Opportunities

INSTRUCTORS WANTED!

Do you have a hobby or skill you love and want to share with the Community? Upper Southampton Township is looking for instructors for new programs. We welcome you to apply and teach! Please submit a short description of the class or activity you would like to offer, photos of your work, if possible, and your contact information to amunshaw@ustwp.org or mail to Upper Southampton Township Parks and Recreation, 913 Willow Street, Southampton, PA 18966.

SUMMER CAMP EMPLOYMENT OPPORTUNITIES

Are you looking for a fun summer job? We are looking for seasonal staff for Upper Southampton Summer Camp! This position will require a high energy, flexible employee that is willing to work Monday through Friday for the duration of the summer. All employees of the camp will be interacting with children ranging in ages from 5-15. There are also several physical demands of the position including, but not limited to, enduring hot temperatures, walking, and involvement in contact sports. Schedules and compensation vary based on position.

Dates of Employment: June 20 - August 19.

You must be 15 years of age before June 20, 2022 in order to apply.

If interested contact Alexandria Munshaw, amunshaw@ ustwp.org, or you can pick up an application at the Community Center, 913 Willow Street, Southampton, PA.

TOWNSHIP FACILITIES

Township Municipal Building

939 Street Road Southampton, PA 18966

Southampton Free Library

947 Street Road, Southampton, PA 18966

Schaefer Field

Gravel Hill Rd. near Industrial Blvd Southampton, PA 18966

Facilities: baseball fields, softball fields, soccer fields, snack bar

Veterans Field

400 Street Rd. Southampton, PA 18966

Facilities: soccer fields, playground, snack bar

Community Center & Recreation Office

913 Willow Street Southampton, PA 18966

Facilities: baseball fields, basketball courts, walking path, playground, tennis court, gymnasium, football field, office, meeting room, snack bar

Tamanend Park

1255 Second Street Pike Southampton, PA 18966 Facilities: softball fields, Lion's Grove stage, snack bar, tennis courts, sand volleyball court, playground, horseshoe pit, disc golf course, gaga court, bocce ball court, pavilions, fireplace, Carriage House, Farmhouse, office



















































Parks and Recreation Director: Alexandria Munshaw Email: amunshaw@ustwp.org Phone: (215)-355-9781

Parks and Recreation Facilities Coordinator: Ray Horn

Email: rhorn@ustwp.org Phone: (215)-355-9781

Parks & Recreation Administrative Assistant: Stephanie Martin Email: smartin@ustwp.org Phone: (215)-355-9781

Park and Recreation Advisory Board

Patricia Myers, Chairman Walter Shead, Vice Chairman Rick Grillone, Member Dominic Cintofanti, Member Andy Pickford, Member

Contact Us

Address: 913 Willow Street, Southampton, PA 18966

Phone: (215)-355-9781 Fax: (215)-355-4093

Website:

www.USTWPREC.com

Office Hours:

Monday-Friday 8:00 AM - 4:30 PM

Follow us on Facebook:

Upper Southampton Township Parks and Recreation

Instagram: @ustpr

The Parks and Recreation Board meets for regular public meetings the Fourth Tuesday of each month at 7PM in the Upper Southampton Township Building, First Floor Meeting Room, 939 Street Road, Southampton.

Your Parks & Recreation Department

Get Involved with Our Parks

Our Mission: The mission of the Friends of Tamanend is to maintain, conserve, and protect the unique natural and historic features of Tamanend Park.

You are cordially invited to our monthly meetings.

Meetings are held in the Farmhouse on the third Tuesday of every month at 7 PM.

Visit our website to get involved: FriendsofTamanend.org

Tamanend Park Herb Garden Club

The Tamanend Park Herb Garden Club was started in the summer of 1983 by four residents of Upper Southampton Township who were interested in the various aspects of herb gardening and herb use. The Herb Club now has over 60 members!

The Herb Garden Club meets on the third Wednesday of each month from January through November. Meetings start at 7:00 PM with a brief review of monthly business, followed by a guest speaker, or a group activity. Dues are \$10 a year.

For more information visit us on Facebook @ Tamanend Park Herb Gardening Club or email tamanendparkherbclub@comcast.net

Park Patrons Program

Park Patrons is a Parks and Recreation initiative that enables groups, individuals and businesses to assist with improvement projects and maintenance of Upper Southampton parks. Parks Patrons will work with the Park's staff to keep the parks clean, attractive and safe. Donations can also be made by check, payable to Upper Southampton Township. To get involved email Alex Munshaw at amunshaw@ustwp.org.

Park Gifts Program

Support our parks through giving. Our Parks Gift Program offers a great way to honor the special people and milestones in your life. Your contribution will enhance the beauty of the park and allow you to memorialize loved ones or special events.

The park gift program includes benches, trees and shrubs and plaques.

For more information please call the park office.

PLEASE DONATE

DONATIONS NEEDED!

Donations of new or gently used games or other recreational activities are very much appreciated.

Parks & Recreation Department Programs

RENTAL INFORMATION

Rental Facilities:

Farmhouse (45 Person Maximum)
1255 Second Street Pike, Southampton, PA
Monday thru Sunday - 9AM to 10PM
Includes: Twelve-6 foot tables; One-8 foot table; 55 chairs
Res. \$40/hr | Non. \$50/hr

Carriage House (60 Person Maximum) 1255 Second Street Pike, Southampton, PA Monday thru Sunday - 9AM to 10PM Includes: Twelve-6 foot tables; 60 chairs Res. \$50/hr | Non. \$60/hr

Picnic Pavilions (100 Person Maximum) 1255 Second Street Pike, Southampton, PA Monday thru Sunday - 8AM to 10PM Includes: Ten-picnic tables Res. \$75/day | Non. \$125/day



Meeting Room (150 Person Maximum) 913 Willow Street, Southampton, PA Monday thru Sunday -9 AM to 10 PM

Includes: Twelve-8 foot tables; 130 chairs Res. \$50/hr | Non. \$75/hr

Gymnasium (300 Person Maximum) 913 Willow Street, Southampton, PA Monday thru Sunday -9AM to 10PM Res. \$100/hr | Non. \$150/hr

Lion's Grove Amphitheater

1255 Second Street Pike, Southampton, PA Monday thru Sunday - 9AM to 10PM Includes: electric and bathrooms Res. \$25/hr | Non. \$50/hr

Veterans Field - Athletic Field 400 Street Road, Southampton, PA

Day: \$50/Game or \$25/hr/field | Night: \$75/Game or \$50/hr/field Includes: lights and bathrooms

Tamanend Park Athletic Field

1255 Second Street Pike, Southampton, PA
Day: \$50/Game or \$25/hr/field | Night: \$75/Game or \$50/hr/field

Schaefer Field - Athletic Fields Gravel Hill Road, Southampton, PA

Day: \$50/Game or \$25/hr/field | Night: \$75/Game or \$50/hr/field

Security Deposit

Gym: \$150 • Pavilions: \$250 All other facilities: \$100



To book a facility:

1. Choose your location

Whether you view images online, or decide to visit the office to view the spaces yourself, determine the best location for your next event. You can check the availability of your desired facility online or by calling the park office (215-355-9781). Rentals are scheduled on a first come first serve basis.

2. Complete Rental Forms

The forms necessary to rent one of our facilities can be found online at www.ustwprec.com. A Facility Use/Rules And Regulations Application must be completed and submitted with payment to the Parks' Office.

3. Rental Fees

Rental fees must be paid in full at the time of booking. There is a minimum rental of four hours at each location. A security deposit must also be made at the time of booking. This separate check will only be cashed if damage has taken place or facility has been left in bad condition. A full refund of rental fee and security deposit will be issued if cancellation is made more than 30 days before scheduled rental.

For more information call the Parks' Office or visit us online.







A dog license is a ticket home for a lost dog. Set your dog's mind, and your own, at ease. Get your 2022 license now!

2022 Dog Licenses Available at County Treasurers' Offices

Southampton, PA – Pennsylvanians can now purchase 2022 dog licenses from their county treasurers. State law requires all dogs three months and older to be licensed by Jan. 1 of each year.



An annual dog license is \$8.50 or \$6.50 if the animal is spayed or neutered. Lifetime licenses are available for dogs that have permanent identification like a microchip or tattoo. Older adults and people with disabilities may be eligible for discounts.

The dog license application is simple and only requests owner contact information and details about the dog being licensed, including name, age, breed and color.

Kristian Ballerini offered these reasons for dog licensing:

- If a dog gets lost, a license is the best way to get him/her back. A license helps animal control and shelters identify a dog and its rightful owners.
- It's the law. All dogs three months and older must have a current license.
- The cost of a license is less than the penalty for being caught without one. Owners who fail to license their dogs could face a fine of up to \$300 for each unlicensed dog.
- License fees support animal control. The annual fee to license a dog helps keep shelters running and supports the work of the Pennsylvania Department of Agriculture's Bureau of Dog Law Enforcement, which provides a number of vital services to protect dogs and the public. Last year, the Bureau of Dog Law Enforcement:
 - Enforced health and safety regulations in kennels by licensing 2,428 such operations and conducting more than 5,200 inspections.
 - Helped to secure more than 4,500 stray dogs, placing them in shelters until those that were licensed could be reunited with their owners.
 - Issued more than 3,000 citations and filed 115 misdemeanor complaints for violations of the Dog Law, including failing to license dogs, abandoning dogs, and allowing them to run at large.
 - Investigated nearly 1,500 dog bites, and they investigated and monitored 587 dogs that were deemed dangerous by magisterial judges.

For more information, contact The Office of the Bucks County Treasurer, 215-348-6244 | treasurer@buckscounty.org. For a list of county treasurers, visit www.licenseyourdogPA.com or call the Department of Agriculture's Bureau of Dog Law Enforcement Office at 717-787-3062.

ENJOYING THE PARKS WITH YOUR BEST FRIEND? REASONS WHY TO SCOOP POO....



- It will not breakdown on its own. Rainwater washes dog poop into drainage systems which contaminates drinking water, streams, rivers, ponds...
- Parasites and bacteria in dog waste can spread disease to other dogs and even you.
- Dog poop is not a fertilizer. Most dogs' diets are high in protein and have the reverse effect of fertilizer.
- Its common courtesy and your duty as a pet owner. It is also the law and punishable by a fine or imprisonment. Township Ordinance §123. All Township Ordinances can be found directly on the Upper Southampton Township website.

THANK YOU FOR BEING A RESPONSIBLE PET OWNER!

Come visit the library to browse for materials, use our computers or attend a free program!

All of the following are available at the library:

- Books, Magazines & Newspapers
- Audiobooks
- Ebooks
- Movies

- Board Games
- Museum Passes
- Rokus
- Hotspots



Connecting Communities. Widening Worlds.

Kids's Programs:

- Baby Storytime (Ages 0 3), Tuesdays at 10:30 AM
- Preschool Storytime (Ages 3 5), Fridays at 10:30 AM
- Story Stroll in Tamanend Park Starting opposite the Carriage House, enjoy reading a children's story while taking a walk through Tamanend Park. Stroll is available whenever the park is open.

Adult's Programs:

- Afternoon Tea with the BBC, 2nd Wednesday of the month at 2:00 PM Southampton Free Library cordially invites you to Afternoon Tea with the BBC. Join us every 2nd Wednesday of the month for tea and treats and a BBC show.
- Adult Coloring, 3rd Thursday of the month at 1:00 PM Please join us on the third Thursday of the month for coloring, tea, music, and a treat. This is a great opportunity for adults to socialize with old or new friends!
- Friday Movie Matinee's returning Friday, March 25th at 2:00 PM

Oceans of Possibilities Summer Reading Program

READ. LOG. WIN!

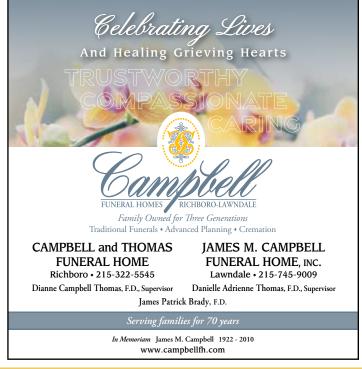
Join the library from June to August of 2022 to explore oceans of possibilities with programs, prizes and more!



ALL PROGRAMS SUBJECT TO CHANGE. PLEASE CHECK OUR WEBSITE FOR CURRENT INFORMATION.

947 Street Road, Southampton, PA, 18966 (215) 322-1415 • Southamptonfreelibrary.org





PENN'S WOODS PUPPET THEATER

Jack and the Beanstalk



"Jack Spriggins, I told you NOT to climb that beanstalk!

Your Uncle Olaf climbed a bean stalk and we never saw him again."

"Climb, Jack, climb."

To save the family farm, Jack sells his goat, Capricornia, to a passing farmer for 50 pieces of gold.

When he spends the gold for a bag of beans, Jack soon discovers that he got the best of the deal.

The farmer's 50 pieces could never have led Jack to a magic world where castles are built on clouds, birds serve as taxis and geese lay golden eggs.

But behold, his newly purchased bag of beans could - and did!



Contact
Susan & Robin Tafel
215 441-4154
to book this show



https://www.Youtube.com/user/PennsWoodsPuppets

Parks & Recreation Department Programs

USPR 2022 • June 20 - August 19, 2022 • Camp Programs for Ages 5-12 9-Week Full-Day Programs • Pick Your Own Week Options Trips Included



Nationally accredited by the American Camp Association

Mission: Together we encourage choices and behavior that foster individual growth through the development of self-confidence and acceptance of others.

Overview: We encourage campers to tap into their strengths and then we recognize their achievements. Whether they are an athlete, an artist or just interested in having fun, we have the activities and staff that will, without a doubt, bring out the best in each camper. Our campers are encouraged to try new things, learn new skills and develop old ones. We want our campers to play, get dirty, explore nature, make friends, and discover themselves as a member of our camp community. Our staff is trained to encourage team building and create an environment where campers feel that anything is possible.

Our Staff: The most important factor of summer camp is the staff. No matter how many activities or special events are offered, it is the background, enthusiasm and personality of each staff member that determines whether or not camp is fun, exciting, and safe. Our counselors are selected according to their experience and

Camp Basics:

- 2022 Camp Dates: June 20-August 19, 2022
- Daily Camp: 7:50AM 5:15PM
- Daily Transportation is NOT available.
- All employees are screened in accordance with Township and American Camp Association policies.
- Before/Aftercare is not available.
- Parent/Guardian must use pickup passes.
- If a child leaves for an illness or injury a doctor's clearance must be submitted upon return to camp.
- No camp July 4th.
- All program policies are subject to change at the Parks and Recreation Director's discretion.

interest. Our staff is enthusiastic, caring, well-trained, and safety conscious. They encourage team building among campers and themselves to create a positive and safe environment. All staff are required to participate in our training program which prepares them to carry out their daily responsibilities and emergency situations.

Youth Camp Fees & Payments

Register for the full 9-weeks

Resident: \$1150/9-weeks Non-Resident: \$1285/9-weeks

Pick Your Own Weeks

(4-week minimum) Resident: \$145/Week Non-Resident: \$160/Week Resident rate applies to only those who live in Upper Southampton Township.

Please note that ALL residencies will be verified.

Registration will be forfeited for falsification of residency documentation. All payments and registrations due by June 10.

\$50 late fee applied to unpaid registrations after June 10.

No refunds are given for any reason.



TANNER BROS..

Farm Fresh Produce & Dairy Products

Our own Ice Cream • Fresh made Milk • Fresh Produce • Fresh Fruit Fresh Baked Pies • Wide Variety of Dairy Products

1070 Hatboro Road • Ivyland, PA 18974 Corner of Almshouse Road & Hatboro Road 215-357-1716



YOUTH CAMP - Ages 5-12

Youth Camp provides a safe, structured, fun-filled environment for campers to reconnect this summer! Activities include daily sports, fun-theme days, weekly arts & crafts themes, water play and more! We have created a program that allows campers to enjoy their summer learning new things, having fun, making new friendships and just letting them be kids in a safe and supervised environment.

Youth Camp Location: Community Center, 913 Willow Street, Southampton, PA Tamanend Park, 913 Willow Street, Southampton, PA

Youth Camp Information:

Field Trips are INCLUDED.
Children must have attended Kindergarten.
Trips will be announced in May/June 2022.
All activities and trips subject to change.

Fun Theme Days

Crazy Hair Day Pajama Day Spirit Day Halloween Day Christmas in July Sports Day Neon Day Backward Day Decades Day Crazy Sock Day



*Theme Days will be announced in the weekly camp newsletters

CIT CAMP (NEW!)

Counselor in Training • Ages 12-14 Upper Southampton Community Center

NEW THIS SUMMER! Our Counselor-in-Training Program is designed to offer young people an opportunity to prepare for positions as camp counselors or recreation leaders. Emphasis is placed upon developing leadership skills, sensitivity to children, and program skills. This program will provide basic training in such skills as first aid, group leadership, time management, and a variety of other skills. Campers will spend Mondays, Wednesdays, and Fridays, learning the skills needed to become a great leader while on Tuesdays and Thursdays they will be able to apply those new skills shadowing counselors and working with young campers directly.

CIT Camp Basics:

8-Weeks

2022 CIT Camp Dates: June 20 -August 12, 2022 Daily Camp: 9AM - 12PM No camp July 4th

Fee Includes Three Camp Trips and a CIT T-shirt

CIT Camp Fees & Payments

Resident: \$500 Non-Resident: \$600 *Payment plan available

*Please note that completion of the CIT program does not guarantee a paid position with the township.

CAMP FAQs

Family Communication

Please check out our Summer Camp Parent Page under "Summer Camp Programs" at www.ustwprec.com where you can read the Upper Southampton Camp Parent Handbook, view camp schedules, updates and newsletters!

*Camp Newsletters are also emailed each week during camp outlining the daily activities, special events and guest speakers for the week.

Lunch & Snack

Lunch: Please send three bottles of water and a nutritionally balanced, non-perishable lunch to camp. (We do not have refrigeration so include an ice pack if needed). If your child forgets his/her lunch you will be called to bring their lunch to camp.

Snack: Provide your child with a snack for daily scheduled snack time.

Trips

Trips are included in the price. Trips will be announced before the start of camp.

Drop Off/Pick Up Procedures

Camp runs Monday thru Friday 9AM-4PM. Parents can drop their campers off between 7:50AM and 9AM and pick-up is from 4PM and 5:15PM. All campers should be picked up by 5:15PM, late pick-up fees start at 5:16PM and parents will be charged \$20 per child for every 15 minutes they are late (parents will be sent an invoice). A pick-up pass is required for each camper and must be shown in order for kids to leave camp. Each camper's safety is our number one priority and the pick-up passes help ensure that your child does not go home with any unauthorized person. On the first day of camp, signs will be posted and staff will be directing your drop-off and pick-up procedures.

*Parents will receive pick-up passes before the start of camp.

Allergies/Medications

We work carefully to educate our staff about food allergies. Campers with

food allergies should contact the Parks & Recreation Director for additional information.

Personal Belongings

Campers should wear comfortable play clothes, socks, sneakers and sunscreen. Please dress in weatherappropriate clothing. No open-toed shoes, sandals or flip-flops for safety reasons. LABEL ALL YOUR CHILD'S ITEMS SENT TO CAMP. Please do not send toys, games, cards, etc. to camp; we are not responsible for these items. If you choose to send in electronic devices with your child include the items on your homeowners insurance policy. The camp is not responsible for the loss or damage of any personal property brought to camp. Firearms, ammunition of kind, or any items that we deem unsafe are NOT ALLOWED. Lost & Found will be put out each Friday at each site at the pick-up area.

Parks & Recreation Department Programs

REGISTRATION IS NOW OPEN! Space is Limited. 215-355-9781 | www.ustwprec.com

Register Now

Register Online at www.ustwprec.com Pay by credit card. We accept Visa, Master Card, American Express and Discover. Credit Card information is not stored for future payments.

Register in person at the Southampton Community Center, 913 Willow Street, Southampton, PA.

Register by mail by downloading the Program

Registration Form from our website, www.ustwprec.com and mailing to 913 Willow, Southampton, PA 18966.

Whenever practicable Upper Southampton Township's Summer Camp attempts to accommodate children with special needs, however, in situations where accommodation exceeds the capability of the staff/facilities, or if the child could pose a danger to other participants or the staff, Upper Southampton Township reserves the right to decline an application for cause.

SEASONAL EVENTS

Carriage House Artist Art Show

Spring has arrived so come, get out and join local artists in the Carriage House at Tamanend Park on Saturday, April 2nd and 3rd from 10am to 4pm to see some beautiful works of art. A variety of original artwork will be on display as well as for sale (so don't forget your wallets.)

Date: Saturday, April 2, 2022 | Sunday, April 3, 2022

Time: 10AM - 4PM

Location: Tamanend Park Carriage House

A Hoppy Egg Hunt

Our bunny has hidden eggs in Tamanend Park that are waiting to be found. Bring your whole family (and a basket) to search for some goodie-filled eggs and make a fun craft! Our silly Bunny will be there too so don't forget to bring your cameras. This event is free but **REGISTRATION IS REQUIRED. FOR EACH CHILD.** Little hunters (0-5) will have their own small patch for hunting. Registration will be limited.

Date: Saturday, April 9, 2022 • Time: 10AM - 11AM

Location: Tamanend Park

*This event will start at 10 AM sharp & is weather dependent

Earth Day Clean Up at Tamanend Park

Are you looking for volunteer hours or a feel good project? Come join park staff to clean up and help get our beautiful park ready for spring! Water and snacks will be provided. Register to volunteer on our website.

Date: Saturday, April 23. 2022 • Time: 11AM - 1PM

Location: Tamanend Park Pavilions

Spotted Lanternfly Trap Demonstration

Come out and see the spotted lanternfly traps at Tamanend Park. Learn about the traps, how they are made and how they work so you can build your own to catch the little buggers. This demonstration is free but please register.

Date: Saturday, April 23, 2022 • **Time:** 11:30AM - 12PM

Location: Tamanend Park Carriage House

Mother's Day Breakfast and Tea

Get a jump start on Mother's Day and join us on Saturday, May 8th from 9AM - 10:30AM for a lovely Mother's Day Breakfast. Spoil that special person in your life with all the bacon and eggs without having to worry about the prep or clean-up (we have you covered).

Date: Saturday, April 30, 2022 • Time: 9AM-11AM

Location: Community Center Meeting Room **Fee:** \$8/person **Registration is limited.**

Township-Wide Yard Sale

Are you interested in reducing, reusing, up-cycling or decluttering items found in your home? All Upper Southampton residents are invited to participate in a township-wide yard sale. You can participate by registering on our website at www. ustwprec.com - An interactive map with all participating addresses will be posted on our website and Facebook page. This event will be advertised. Each participating house will receive a "Yard Sale" Sign for their lawn.

Date: Saturday, May 14, 2022 • **Time:** 8:00AM - 2:00PM

Location: Upper Southampton Township

Annual Herb Sale

Tamanend Park Herb Gardening Club Presents its 37th Annual Herb Sale

Get your gardens (and kitchens!) ready for the Spring & Summer at the Annual Herb Sale hosted by the Tamanend Park Herb Club on Saturday, May 14th and Sunday, May 15th. Thousands of plants, reasonable prices, gift shop and bake sale. Profits raised by the Herb Sale goes towards high school.

Date: Saturday, May 14, 2022 and Sunday, May 15, 2022 **Time:** Saturday, 9AM - 4PM | Sunday, 10AM - 2PM

Location: Tamanend Park Farmhouse, 1255 2nd Street Pike, Southampton, PA

Preorders: Remrockon@aol.comwww.Tamanendherb.org | www.facebook.com/tamanendherb

Touch-A-Truck

Come out and join us for a FREE family event. Explore and learn about all kinds of trucks and vehicles. Additional activities will be held such as Corn Hole, arts & crafts, music and more.

Date: Saturday, May 21, 2022 • **Time:** 10AM – 3PM **Location:** Community Center, 913 Willow Street

Father's Day BBQ

Get a jump start on Father's Day and join us on Saturday, June 11th from 12PM - 2PM for a lovely Father's Day BBQ. Spoil that special person in your life with all the Hot Dogs, Burgers and sides without having to worry about the prep or clean-up (we have you covered).

Date: Saturday, June 11, 2022 • **Time:** 12PM – 2PM

Location: Tamanend Park Pavilions

Fee: \$10/person Registration is limited and required.

SPECIALTY CAMPS



OBVIOUS CHOICE SPORTS SPRING BASKETBALL CAMP

Obvious Choice Sports wants to teach your young athletes' hands on instruction from collegiate and varsity level basketball players, and play in an NBA like weeklong league and clinic from 9:00am to 12:00pm for Spring Break. Players will compete in appropriate age group. Get your kids out of the house, and off of their screens. We look forward to working with your child. Important Notes: Pack a Snack, water bottle, athletic clothing and basketball sneakers. There is no lunchtime at Camp.

Ages: 6-12

Date: April 11 – April 14 (Monday to Thursday)

Time: 9AM – 12PM

Fee: \$115 • Location: Community Center

OBVIOUS CHOICE SPORTS SUMMER MULTI -SPORT DAY CAMP

The Obvious Choice Sports multi-sport camp offers youth of all skill levels a safe opportunity to Learn to Play and Play for Fun! Campers will be introduced to a variety of sports including basketball, soccer, dodgeball, flag football, hockey, kickball, dance-offs and more. Our camp is designed to increase self-confidence and help youth build skills they can take with them.

Ages: 5-12

Date: June 13 – June 17 (Monday to Friday)

August 22 – August 26 (Monday to Friday)

Time: 9AM – 3PM

Fee: \$150/week • Location: Community Center



SPRING ART SHOW

Just Painters, a group of local artists, will be exhibiting works of art on Saturday, May 14, 2022 from 9:00 am to 3:00 pm, in the Carriage House located in Tamanend Park, 1255 Second Street Pike, Southampton, PA. Original paintings in watercolor, oil, pastel and acrylic, along with portfolio paintings, prints and cards will be for sale. Come shop, browse and enjoy. Refreshments will be served.

JOIN US FOR GAMES, FOOD, MUSIC AND FUN!

Date: Saturday, May 14, 2022 • **Time:** 9AM - 3PM

Location: Tamanend Park Carriage House



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Summer Movie Nights in the Park

We will be holding a movie night at Tamanend Park throughout the summer months. We have a huge 24-foot movie screen, amplified sound system, and premium projection. The movie will take place in the field between the pavilions at dusk. All you need to bring is your family, neighbors, blankets or chairs and sit back and enjoy the movie under the stars. This event will be weather permitting.



DATE: Saturday, June 18, 2022 TIME: Dusk (approx 8:45PM)

LOCATION: Tamanend Park Pavilions

MOVIE: Grease



DATE: Saturday, July 23, 2022 TIME: Dusk (approx 8:45PM)

LOCATION: Tamanend Park Pavilions

MOVIE: The Parent Trap



DATE: Saturday, August 20, 2022 TIME: Dusk (approx 8:15PM)

LOCATION: Tamanend Park Pavilions

MOVIE: The Goonies







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Ann Spangler Ins Agency Inc Ann Spangler, Agent 347 2nd Street Pike, Suite 2 Southampton, PA 18966 Bus: 215-364-1350 I'm your one-stop shop for the service you deserve at a price you want. Call me for surprisingly great rates and Good Neighbor service right in your neighborhood.

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Parks & Recreation Department Programs

PROGRAMS FOR TOTS

PEE WEE PICASSO'S

Arts & Crafts time with your little ones without all the mess in your house! Join us for some artsy fun from coloring to painting to all the things your little tots love. Each session has a different theme and crafts.

Ages: 2-5

Date: Tues., January 11, 2022 Tues., April 12, 2022

Tues., February 8, 2022 Tues., May 10, 2022 Tues., March 8, 2022 Tues., June 14, 2022

Time: 11:00AM - 11:45AM

Location: Community Center Meeting Room

Fee: \$5 Res. | \$7 Non-Res.

LIL' EXPLORERS

Bring your little ones to explore Tamanend Park. We'll read a story, then take a fun-filled nature hike to try to see some new and different friends. We'll meet at the Carriage House, 1255 2nd Street Pike, Southampton, PA 18966

Ages: 2-5

Date: Friday, April 29, 2022

Friday, May 27, 2022 Friday, June 24, 2022 Time: 11:00AM - 11:45AM

Location: Carriage House at Tamanend Park

Fee: \$5 Res. | \$7 Non-Res.

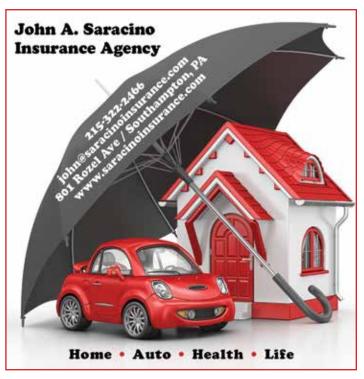
LITTLE GARDENERS

Let your little ones get ready for spring (and Mother's Day) by learning to plant, dig and grow flowers and vegetables. Students will plant seeds in a flower pot and can take their plants home to watch it grow. We will be playing in dirt, so please dress accordingly.

Ages: 2-5

Date: Thursday, April 21, 2022

Thursday, May 19, 2022



Time: 11AM - 11:45AM

Location: Tamanend Park Farmhouse

Fee: \$5 Res. | \$7 Non-Res

Dance for Tots

Ballet for Tots

Students will learn all the basics it takes to be a ballerina. This class will enhance the child's rhythm, balance, coordination, flexibility and posture. The children will also dance to song and dance routines. Ballet Shoes Required.

Ballet/Tap Combo

Students will learn all the basics to be a ballerina and a tap dancer. Classes will enhance rhythm, coordination, balance, flexibility and posture. Ballet/Tap Shoes Required.

Ages: 3-5

Date: February 9 - March 16

Ballet for Tots: Mondays, 5:00PM - 5:45PM Ballet/Tap Combo: Mondays, 5:45PM - 6:30PM

Location: Meeting Room

Fee: \$70

SUPER SOCCER STARS (3-4)

Join Super Soccer Stars for a fun packed soccer program! The program will run every Saturday at Tamanend Park. They will focus on skill-based drills, individual development, and teamwork in a positive, active, and fun environment. Each group will have an age-specific curriculum and a low child to coach ratio to ensure the best learning environment possible. Campers must bring their own ball due to sanitary reasons.

Ages: 3-4

Session 1: February 26 – March 26

Session 2: April 2 – April 23 Time: Saturdays, 9AM - 9:45AM **Location:** Tamanend Park

Fee: \$135



The Warminster Symphony Orchestra Joseph Lovecchio, Music Director/Conductor

Presents

"Young and Ambitious"

Music of Prokofiev, Sarasate, von Suppe and more. Featuring Young Artist Competition Winner, Lea Wang, Violin March 12, 2022, 8:00pm

"Scandinavian Sojourn"

The glorious music of Sibelius, Grieg, Nielsen and Halvorsen May 21, 2022, 8:00pm

For complete concert information and how to purchase tickets and information about our Young Artist Competition www.warminstersymphony.org • 215-672-9650

Like Us on Facebook



CHOSEN KIDS DANCE FITNESS & CRAFTS

Chosen Kids Zumba & Crafts is a program that combines fun Zumba dance fitness and jewelry-making sessions for kids ages 4-11. Our program is a great way for kids to engage in physical activity through fun and exciting Zumba dance moves! Kids also learn various developmental skills by creating cool jewelry either for themselves or friends and family! We are proud to offer non-competitive and affordable extracurricular activities for the youth. Get your kids moving and expressing themselves creatively- We host birthday parties too! Classes are led by owner, Ms. Tanya Ebonie a licensed Zumba Kids Jr, Zumba Kids and Zumba Basic 1 instructor and Creative Jewelry Artist with a B.A. in Sociology.

Ages: 4-6

Session 1: February 5, February 12th and February 26th

Session 2: March 5th, March 19th, March 26th

Time: 10AM – 10:45AM **Price:** \$40/Session

YOUNG REMBRANDTS

Pre-School Drawing Classes (ages 4 to 6)

Your pre-schooler's mind is hard at work building the knowledge and skills it will use for a lifetime. Now, more than ever, it's important to challenge their curious minds with activities that will keep them engaged and eager to learn! The Young Rembrandts pre-school program is specifically designed with the needs of our youngest learners in mind. We use subjects they're familiar with such as animals and toys, as well as their favorite learning tools – pictures, stories, touching, and doing – to enhance social and conflict resolution skills while improving listening, fine-motor skills, and time-on-task. Give your pre-schooler the information they're hungry for and be amazed by what they'll create! Classes are 45 minutes, with a minimum of 5 students allowed.

Ages: 4- 6

Session 1: April 2 – April 23 Session 2: May 7 – May 28 Time: Saturdays, 9AM – 9:45AM

Price: \$75/session

PROGRAMS FOR YOUTH (6-12)

Super Soccer Stars (5-7)

Join Super Soccer Stars for a fun filled soccer program at Tamanend Park! They will focus on skill-based drills, individual development, and teamwork in a positive, active, and fun environment. Each group will have an age-specific curriculum and a low child to coach ratio to ensure the best learning environment possible. Campers must bring their own ball due to sanitary reasons.

Ages: 5-7

Session 1: February 26 – March 26 **Session 2:** April 2 – April 23

Time: Saturdays, 10AM - 11AM **Location:** Tamanend Park

Fee: \$135

SUPER SOCCER STARS (8-10)

Join Super Soccer Stars for a fun filled soccer program at Tamanend Park! They will focus on skill-based drills, individual development, and teamwork in a positive, active, and fun environment. Each group will have an age-specific curriculum and a low child to coach ratio to ensure the best learning environment possible. Campers must bring their own ball due to sanitary reasons.

Ages: 8-10

Session 1: February 26 – March 26

Session 2: April 2 – April 23

Time: Saturdays, 11:15 AM - 12:15 PM

Location: Tamanend Park

Fee: \$135



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Parks & Recreation Department Programs

SLIME TIME

Let's get ready to SLIME! Get your hands dirty trying all different types of slime recipes from normal slimy slime to glow-in-the-dark slime to magnetic slime, the possibilities are endless!

Ages: 6+

Date: Wednesday, February 23, 2022

Wednesday, March 23, 2022 Wednesday, April, 20, 2022 Wednesday, May 25, 2022

Time: 6:30PM – 7:30PM

Location: Community Center Meeting Room

Fee: \$5 Res. | \$7 Non-Res.

CHOSEN KIDS DANCE FITNESS & CRAFTS

Chosen Kids Zumba & Crafts is a program that combines fun Zumba dance fitness and jewelry-making sessions for kids ages 4-11. Our program is a great way for kids to engage in physical activity through fun and exciting Zumba dance moves! Kids also learn various developmental skills by creating cool jewelry either for themselves or friends and family! We are proud to offer non-competitive and affordable extracurricular activities for the youth. Get your kids moving and expressing themselves creatively- We host birthday parties too! Classes are led by owner, Ms. Tanya Ebonie a licensed Zumba Kids Jr, Zumba Kids and Zumba Basic 1 instructor and Creative Jewelry Artist with a B.A. in Sociology.

Ages: 7-11

Session 1: February 5, February 12th and February 26th

Session 2: March 5th, March 19th, March 26th

Time: 11AM – 11:45AM

Fee: \$40/Session

ELEMENTARY DRAWING CLASSES (ages 7 – 14)

Our elementary learners are at the crucial time of development when they decide whether they're good at something or not. This decision will affect not only the rest of their academic career, but their lifetime learning as well. The Young Rembrandts elementary program provides the tools this age-group needs to succeed at drawing - a teaching tool from which the majority of learners prefer and ALL learners benefit! Our program works because it's not only hands-on and visual...it's simply fun. Add to this our innovative guided instruction, topics that kids love and relate to, and instructors that know how to reach this group; we take kids from thinking they're not 'artists' to knowing they can achieve this, and everything else, they put their minds to. Classes last up to 55 minutes, with a minimum of 5 students allowed.

Ages: 7-14

Session 1: April 2 – April 23 Session 2: May 7 – May 28 Time: Saturdays, 10AM – 11AM

Fee: \$75/session

PROGRAMS FOR YOUTH/TEENS

TEEN ADVISORY BOARD

Teens, We Need You! The Parks & Rec Department is looking for teens (13-18) to help us brainstorm and plan your kind of public programs as well as advise us on events you'd like to see from USPR. You can earn community service hours and we'll also provide snacks!

Ages: 13-18

Date: Tuesday, April 12, 2022

Time: 6PM - 7PM

Location: Community Center Meeting Room

CAR CARE 101

Learn all the basics about car care from how to change your car's oil to filling your window washer fluid. We'll learn how to check your tire pressure and even how to change a tire. Don't be afraid to get your hands dirty, come join us and learn car care 101.

Ages: 13-18

Date: Saturday, May 14, 2022

Time: 1 AM - 11AM

Location: Community Center

Fee: Free

*This class is free but please register so we have a head count.

VALEN-TEENS DAY SCAVENGER HUNT

Grab a friend or a whole team and sign up for this Valentine's Day Scavenger Hunt. From Tamanend Park to Car Wash USA, we'll have you searching for clues all over Southampton. Teams must have at least one person with a valid driver's license. **Winning team will receive a prize.** Must be completed by 5pm. Participants must download the App Actionbound. Starting at 9 AM Saturday morning, Participants will be able to search for "valenteens" in the app to start the game or scan the QR code below. Participants can start the game at whatever time however it will close at 5 PM Saturday. **Winner will be announced Monday morning!**

Date: Saturday, February 12, 2022

Time: 9AM – 5PM

Location: Upper Southampton Township

Fee: Free

*Registration required

PROGRAMS FOR ADULTS

TAI CHI

Tai Chi is an ancient Chinese martial art that can reduce stress and improve flexibility, balance, and overall health. A series of slow movements align the body's internal energy paths, enabling chi (internal energy) to flow through the body. Qi Gong (Chi Kung) is an ancient Chinese exercise to control and increase the body's internal energy.

Ages: 18 and older

Session 1: January 13 – February 17 **Session 2:** February 24 – March 31

Session 3: April 7 – May 12

Time: Thursdays, 6:30PM - 7:30PM

Location: Tamanend Park - Carriage House

Fee: \$35.00 Res. / \$45 Non-Res. Instructor: Michel Denarié



ABOUT BOATING SAFETY (ABS) -

United States Coast Guard Auxiliary

Boat America is a boating certificate class that offers an in-depth and interesting boating safety course, and provides the knowledge needed to obtain a boating certificate. Become a PA state-certified boat operator. The certificate earned in PA is state authorized and is accepted in all states (including New Jersey) where required for operation of powered vessels including personal watercraft (jet skis, etc.). US Coast Guard Auxiliary, Flotilla 17-2 instructors will provide an introduction to boating, safety equipment, safe operation and navigation, boating emergencies, trailering, sports and boating and general regulatory information. This is a minimum eight-hour requirement for a state certificate. Some insurance companies will also offer discounts on boating insurance to boaters who successfully complete this course.

Date: Saturday, March 12, 2022 • **Time:** 8AM - 5:30PM

Location: Community Center Meeting Room

Fee: \$45

POUND

POUND is a full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using Ripstix. (lightly weighted drumsticks engineered specifically for exercising). POUND transforms drumming into an incredibly effective way of working out. Designed for all fitness levels, POUND provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out! The workout is easily modifiable and the alternative vibe and welcoming philosophy appeals to men and women of all ages and abilities.

Date: Ongoing, Tuesday and Thursday classes available

Time: 6:45PM – 7:45PM **Location:** Community Center

Fee: \$45/6-week sessions; \$10 drop-in

NEW YEAR. NEW YOU.

All Around Healthy Living Sessions Presented by Regina Szczesniak from I AM LIVING 360

~ NEVER MISS A MONDAY

No matter if you're a morning person or not, getting your sweat on at the start of the week has been proven to make the rest of your week more productive. Still need some convincing? Here are some tips on why you should NEVER miss a Monday workout.

- 1. You're more likely to work out the rest of the week
- 2. You'll quell anxious thoughts.
- 3. You'll kickstart good self-control.
- 4. You'll boost brainpower
- 5. You'll catch better zzz's

Catch a Never "MISS A MONDAY" class at either 6:45 AM or 6:45 PM in the Carriage House.

This session is for those who made resolutions, have goals and want to keep their promises to themselves

Each 45 minute session will start you off with 10 minutes of a stretch following a great combination of total body weight exercises for cardio and strength. Bringing a set of dumbbells is recommended but not necessary Information on goal setting, fitness evaluation, energy assessments, winter body cleanse and more will be available Set your intentions and see RESULTS!

Class offering at 6:45 am and 6:45 pm

VISIT OUR WEBSITE FOR DATES AND TO REGISTER

INTRO TO PILATES

Pilates is a body conditioning routine that helps build flexibility and long, lean muscles, strength and endurance in the legs, abs, arms, hips, and back. It puts emphasis on spinal and pelvic alignment, breathing to relieve stress and allow adequate oxygen flow to muscles, developing a strong core or center (tones abs while strengthening the back), and improving coordination and balance.

This class is best served while using a small pilates ball, flat therabands and round versa loop bands.

A package with all three will be available for purchase of \$18 or please bring your own as we will not be sharing equipment. Bring with you every week a mat, towel and water.

Get ready to feel your best ever!

Offered on MONDAYS Jan 3 til Feb 7 Wednesdays @ 9:45 am Monday's @ 7:30 pm Cost is \$60 for the 6 week course SEE WEBSITE FOR ADDITIONAL DATES



INTRO TO BARRE WITH OUR NEW PORTABLE BARS!

Come try out our newest class along with our new equipment. Barre fitness is a hybrid workout class - combining ballet-inspired moves with elements of Pilates, dance, yoga and strength training.

Most classes incorporate a ballet barre and use classic dance moves such as plies, alongside static stretches. Barre also focuses on high reps of small range movements. Trying something new has never been so fun!

This class is best served while using a small Pilates ball, flat therabands and round versa loop bands.

A package with all three will be available for purchase of \$18 or please bring your own as we will not be sharing equipment.

Bring with you every week a mat, towel and water.

\$60 for the 6 week course

Class offerings on Monday 9:45 am and Thursday 7 pm SEE WEBSITE FOR DATES

ADULT COOKING CLASSES

Come join us for a hands-on cooking experience using plant based menus with organic foods. Chef Susan has been cooking and teaching Whole Foods for over 15 years. She is a graduate of the Natural Kitchen Cooking School, Princeton NJ. She has also trained with Emmy winner and Author Chef Christina Pirello at Drexel University.

DATES ARE ONGOING,
PLEASE CHECK WEBSITE FOR DATES

Parks & Recreation Department Programs

CAR CARE 101

Learn all the basics about car care from how to change your car's oil to filling your window washer fluid. We'll learn how to check your tire pressure and even how to change a tire. Don't be afraid to get your hands dirty, come join us and learn car care 101.

Ages: 13-18

Date: Saturday, May 14, 2022

Time: 10 AM - 11 AM

Location: Community Center

Fee: Free

*This class is free but please register so we have a head count.

YOGAMAZIA CLASSES

Prenatal Yoga (Expectant/Pregnant Women)

This yoga class honors the development and physiological changes taking place within the female body during this special time with practices of affirmation, meditation, pranayama (breathing),

and asana (poses). Classes are structured based on all trimesters using appropriate modifications. This prenatal yoga class aims to prepare expectant mothers for delivery through mental and physical exercises to help widen and strengthen the uterus during pregnancy, delivery, and recovery.

Session: Tue, Jan. 11 – Feb. 15, 6:30 - 7:30 pm **Session:** Sat, Jan. 15 – Feb. 19, 9:00 - 10:00 am **Session:** Tue, Feb. 22 – Mar. 29, 6:30 - 7:30 pm **Session:** Sat, Feb. 26 – Apr. 2, 9:00 - 10:00 am **Session:** Tue, May 3 – Jun. 7, 6:30 - 7:30 pm **Session:** Sat, May 7 – Jun. 11, 9:00 - 10:00 am

Instructor: Michelle El Khoury

Location: Yogamazia, 130 Almshouse Rd, Unit 106,

Richboro, PA 18954

Fee: \$94 Resident Discount: \$78



POSTNATAL/BABY YOGA (Postnatal, Babies/Toddlers, 3-12 mos)

This yoga class is dedicated to our postnatal moms and baby yogis 3 to 12 months who are starting to get to know the world. Babies and crawlers are accompanied by mother or caregiver. This yoga class aims in building back mother's strength, baby massage, simple yoga poses that aid in development of fine motor skills.

Session: Tue, Jan. 11 – Feb. 15, 4:00 - 4:45 pm **Session:** Thu, Jan. 13 – Feb. 17, 5:15 - 6:00 pm **Session:** Tue, Feb. 22 – Apr 5 (no class on Mar. 29),

4:00 - 4:45 pm

Session: Thu, Feb. 24 – Mar. 31, 5:15 - 6:00 pm **Session:** Tue, May 3 – Jun. 7, 4:00 - 4:45 pm **Session:** Thu, May 5 – Jun. 9, 5:15 - 6:00 pm

Instructor: Michelle El Khoury

Location: Yogamazia, 130 Almshouse Rd, Unit 106,

Richboro, PA 18954

Fee: \$94 Resident Discount: \$78

TODDLER & CAREGIVER YOGA (ages 12-24 mos)

This yoga class is dedicated to our toddler yogis 12 to 24 months who are curious about everything! Toddlers are accompanied by mother or caregiver. This yoga class aims in exploration, movement, and breathing through simple communication and playful activities including yoga games and songs.

Session: Tue, Jan. 11 – Feb. 15, 5:15 - 6:00 pm **Session:** Thu, Jan. 13 – Feb. 17, 4:00 - 4:45 pm

Session: Tue, Feb. 22 – Apr 5 (no class on Mar. 29), 5:15 - 6:00 pm

Session: Thu, Feb. 24 – Mar. 31, 4:00 - 4:45 pm **Session:** Tue, May 3 – Jun. 7, 5:15 - 6:00 pm **Session:** Thu, May 5 – Jun. 9, 4:00 - 4:45 pm

Instructor: Michelle El Khoury

Location: Yogamazia, 130 Almshouse Rd, Unit 106,

Richboro, PA 18954

Fee: \$94 Resident Discount: \$78

BINGO

Come join friends and play the classic game that everyone loves. No admission fee charged, coffee & light refreshments are served.

So come join us and let us hear you yell BINGO!

Date: Ongoing - Every Friday **Time:** 12:00 PM - 4:00 PM **Location:** Community Center

PICKLEBALL

You might have heard of it but have you played it? Pickleball is a quick, fast-paced game which combines tennis, badminton and table tennis. If you want to try something fun and new and also get in a workout, check it out! Pay Yearly, Monthly, or for a 5 Day Pass.

Dates: September 2 - May 31, 2022 **Times:** 8AM - 10:30AM (Session 1) 10:30AM - 1:00PM (Session 2) 1:00PM - 3:30PM (Session 3)

Location: Community Center

Fee: \$80 RES. | \$85 NON-RES (Full Season)

\$15/Month • \$8/Week

SENIOR PROGRAMS

ACTIVE SENIOR GROUP EXERCISE CLASS

Have fun With Sharon and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and a lightweight ball are offered for resistance. A chair is used for seated or standing support.

Wednesday Session: February 23 – March 30

Friday Session: February 25 – April 1

2-Day (Wednesday & Friday): February 23 – April 1

Time: 10:30AM – 11:15AM **Location:** Carriage House

Fee: \$70/Session | \$120/2 days | \$15 drop-ins

KNOW YOUR MEDICARE OPTIONS

During this free seminar you will learn: How Medicare works and what it covers. How Part "D" prescription cards work and how to pick the right one for you. The differences between Medicare supplements and Medicare Advantage plans. Have your questions answered so you can make the right choices when planning for Medicare or Medicare Advantage decisions. Presented by: Steve Perlman, DelVal Senior Advisors, Independent Medicare Planning.

If you are interested in attending this program you must register with the Parks & Recreation Dept. We do have limited seating for this program.

Ages: 55+

Date: Monday, April 25, 2022

Time: 6:30PM - 9PM

Location: Community Center

Fee: Free

*This seminar is free but please register on our website for

attendance

AARP SMART DRIVER COURSE

The AARP Smart Driver course is the nation's first refresher course specifically designed for drivers aged 50 and older. In many states, drivers may benefit from a discount on their auto insurance premium upon completing the course. And you will learn something new along the way. In fact, an evaluation of the course found that 97% of participants changed at least one driving habit as a result of what they learned.

This 8 hour class is broken into two 4-hour sessions.

AGES: 55+

DATE: Wed., April 27, 2022 & Wed., May 4, 2022

TIME: 9AM - 1PM (Both Days)

FEE: \$20 AARP Member & \$25 Non Members

PAYMENT FOR CLASS IS DUE DAY OF AND MUST BE IN THE FORM OF CASH OR CHECK MADE OUT TO AARP. MASKS WILL BE REQUIRED.

AARP SAFE DRIVER REFRESHER COURSE

Take the AARP Safe Driver™ Course and you could reduce your overall maintenance and car insurance costs! Refresh your driving skills and learn the new rules of the road. Learn research-based driving strategies to help you stay safe behind the wheel. After attending this, you can qualify for a multi-year discount on your auto insurance! (Consult your auto insurance agent for details). Space is limited, so register online now The classroom course costs \$20 for AARP members and \$25 for non-members. This is the refresher course. It takes place during one four hour session. You need to be present for the entire four hours. You need to have previously completed the standard 8hr course to be eligible for the refresher course.

Ages: 55+

Date: Wednesday, May 18, 2022 • Time: 9AM - 1PM

Fee: \$20 AARP Member & \$25 Non Members

PAYMENT FOR CLASS IS DUE DAY OF AND MUST BE IN THE FORM OF CASH OR CHECK MADE OUT TO AARP. MASKS WILL BE REQUIRED.

REGISTER NOW

FOR PROGRAMS

Registration Forms

Registration forms can be found and completed online at our website ustwprec.com.

Online

www.ustwprec.com

Create a household account, then add members to register the whole family for different programs we have available. Online payments can be made through credit cards*

*Credit card information is not stored for further payments. We accept Visa, Mastercard, Discover & American Express.

In Person

Registration forms may also be printed and brought into the office to be processed. The forms and payments can be dropped off at the Parks and Recreation Department office, located at the Community Center, 913 Willow Street, Southampton, PA.

VIRTUAL COMMUNITY EDUCATION WITH DOYLESTOWN HEALTH

In place of in-person classes, Doylestown Health is offering FREE virtual classes for the community. Topics include nutrition, wellness, mental health, childbirth and more. Check the Upper Southampton Parks & Recreation webpage for links to activities dedicated to preventing illness and empowering the community to live healthier lives.

Crafting Cards with Kiwanis

Workshop for Greeting Card Crafting

Learn to craft your own Mother's Day Card or Birthday Card Class fee includes instruction by Master Crafter Ms. April, materials for cards, and snacks. You can make 4 cards, two for Kiwanis to send to Nursing home residents or Children's Hospital, and two cards for you to take with you, make new friends, and learn a new skill. To RSVP text Ms. April at 717-813-7196

Date: Sunday, April 24, 2022

Time: 1PM

Fee: \$15/person or \$25/couple

Pay via Paypal to marty49490@gmail.com or personal check

to Southampton Kiwanis

Location: Community Center Meeting Room





ANTI-LITTERING AWARENESS

Over the last year, the Parks and Rec Department has noticed an increase in litter in the Parks. Although we love that residents are taking advantage and enjoying our wonderful facilities, we need your help in keeping them beautiful and clean for all to enjoy. After visiting one of our parks please make sure to take all refuse with you or discard in a provided trash or recycling bin. According to Keep America Beautiful, there are 50 Billion pieces of litter on the ground in America. Keep America Beautiful encourages all individuals to pick up 152 pieces of litter. 152? That's the amount of litter each person in America needs to pick up to make our nation a litter-free place. Please do your part to keep not only America but our little part of it clean.



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SPORTS PROGRAMS

GIRL'S FASTPITCH SOFTBALL

President: Jamie Burkhardt

717-870-4800

SGCSoftball@hotmail.com

Ages: 6U (T-BALL) through 18U leagues. **Registration:** January 1 to March 15

Website: www.southamptongirlssoftball.org

CENTENNIAL BASEBALL

President: Scott Torok

215-990-3014 ST10@comcast.net

Ages: 4-19

Resgistration: Open January 15, 2021 **Website:** www.Southamptonbaseball.com

Location: Community Center

CHEERLEADING

President: Laura Martin

southamptonknightscheerleading@aol.com **Ages:** 3-14 Sideline & Competition Cheer

Registration: Email southamptonknightscheerleading@aol.

com or check website

Website: www.southamptonknightscheerleading.com

FOOTBALL

Ages: 4 - 5 (Flag Football)

6 - 15 (Tackle Football) 5 - 15 (Spring Flag Football)

Registration: April - August

November - March (Spring Flag Football)

Website: www.southamptonknights.com

Social Media:

Facebook @SouthamptonKnightsFootball

Twitter @Sthmptnknights

Instagram @Southamptonknightsfootball

SOCCER

President: Mike Rich

southamptonsoccer@comcast.net

mikerichssa@gmail.com

Ages: 4 - 18 Boys & Girls **Spring Registration:** February

1st – March 31st

Fall Registration: April 1st – August 15th *Online Only- see website for details **Website:** www.southamptonsoccer.org

BASKETBALL

President: Robert Lynch Vice President: Krystal Hettler southamptonbasketball@gmail.com

Ages: K - 8th Grade (Boys & Girls) /

9th - 12th Grade (Boys)

Registration: September/October for Winter

April/May for Summer See website for more information

Website: www.uppersouthamptonbasketball.com

Location: Community Center

UPPER SOUTHAMPTON SUMMER BASKETBALL COLLEGE LEAGUE

Ten games guaranteed. 7-10 players per team. All teams

make playoffs; seeded on regular season.

Ages: 18+ (for players college age and above) **Dates:** League starts approx. June 27, 2022

Monday, Tuesday, Wednesday Nights

Time: 6:30 PM - 10:30 PM **Location:** Community Center

Fee: \$110/player

*includes referee fees & shirt

Contact Ray Horn at Rhorn@ustwp.org with rosters and

team requests.





REGISTER FOR SPRING IN-HOUSE (INTRAMURAL)

PLAYERS AGES 4 AND UP DIVISIONS OFFERED: QUICKBALL ROOKIES MINORS MAJORS CONNIE MAC

WWW.CENTENNIALBASEBALL.NET





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Upper Southampton Municipal Authority

945 Street Road • P.O. Box 481 • Southampton, PA 18966

Phone: (215) 364-1390 • Fax: (215) 364-9410

Email: info@usauthorities.org

How to Read Residential Water Meter

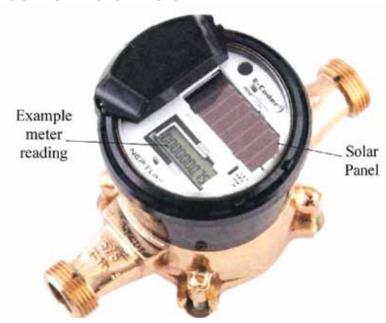
The top half on the face of the water meter s a solar panel. Use a powerful flashlight and shine straight down into the face of the meter.

The first set of numbers with a dash in the middle that appears is the serial number of the meter.

The second set of numbers consists of 9 digits with a decimal between the 7th and 8th number. This is your meter reading. If the last digit on the right is counting up there is water going through the meter.

The third set of numbers says "RATE" at the top of the window. If it also has ".0.00" that means no water is going through the meter at the time of reading.

THE BIGGEST CULPRIT OF HIGH USAGE IS YOUR TOILETS



A Message from the Upper Southampton Municipal Authority

Although not a common occurrence, having to deal with a sanitary sewer back-up can be a horrible experience. The most common causes of sewer backups range from improper disposal of FOG's (Fats, Oils & Grease) and paper products, tree roots, illegal connections such as sump pumps, floor drains and downspouts. Occasionally, the blockage occurs in the sanitary sewer main in the street from these conditions.

What you should know is that most homeowner and business insurance policies do not cover sewer back-ups unless specific coverage is added to the policy, according to the Insurance Information Institute. You should study your insurance policy to determine if you have that coverage.

As a general rule, the Upper Southampton Municipal Authority (USMA) is **not** liable for any costs for clean-up or repairs relating to sanitary sewer back-ups in your property under the laws of the Commonwealth of Pennsylvania. In the rare case that conditions meet the criteria required to be covered by the USMA, the property owner is only entitled to the actual cash value of the items damaged, **not** the replacement value.

The USMA strongly encourages property owners and renters to contact your insurance agent directly for additional information.

Visit us on the web at www.usauthorities.org

Selling a Property in Upper Southampton Township

In an effort to reduce the amount of ground and surface water that enters the sanitary sewer the USMA Board adopted Resolution 2019-05 that established the Sewer Lateral Inspection Program that requires property owners to demonstrate that their sewer lateral is free from Inflow & Infiltration (I&I). This shall be conducted prior to the sale or resale of any property. Each private lateral serving the property shall be inspected in accordance with this Resolution by a Certified Contractor.

In addition, and as part of the inspection and certification process, the Certified Contractor shall confirm that:

- All clean-outs and vents are fitted with caps that are manufactured to fit the type and size pipe affixed to the lateral and will provide a tight seal against inflow of stormwater.
- All clean-outs and vents shall be a minimum of four(4) inches above grade, but not less than a height sufficient to preclude the flow of stormwater into the vent.
- All area drains, foundation drains, roof leaders, sump pumps or other direct connections to the sanitary system do not exist.

It is important to note that this inspection shall also confirm that the sewer lateral is free of any blockages, broken or missing pipe, sags, offset joints or any other defect that could allow I&I to enter the sanitary sewer system.

DID YOU KNOW THAT.....

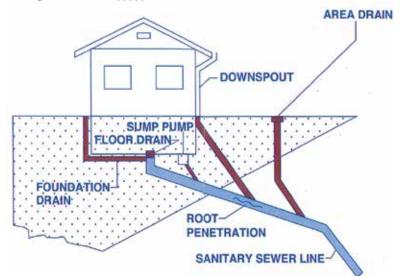
- A single sump pump can discharge 30 gallons per minute or over 40,000 gallons per day?
- That 40,000 gallons per day of additional flow into the sanitary sewer system can cause capacity issues?
- Under these conditions, when several sump pumps are illegally connected to the sanitary sewer system, serious overflows can result at the mains and pumping stations?

BUT MORE IMPORTANTLY...

 Illegal connected sump pumps place a tremendous strain on our sanitary sewer system and result in increased costs. When this happens, YOUR rates must be increased.

REMEMBER—EVERY SUMP PUMP COUNTS!!

Sump Pumps, Foundation, Floor and Area Drains, and Downspout Connections to the Sanitary Sewer Line are Illegal and Result in Increased Costs.



REMEMBER...

Should an illegal connection be found, a penalty will be assessed if, after proper notification, the connection is not promptly removed.

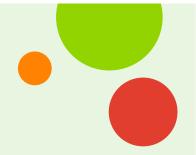
Illegal drainage connections cost everyone money







Prevent. Detect. Live.® SpotSkinCancer.org



Children and Skin Cancer

Skin cancer is the most common cancer in the United States, and it only takes one blistering sunburn during childhood or adolescence to nearly double a person's chance of developing melanoma, the deadliest form of skin cancer, later in life.

As a parent, you play a crucial role in protecting your children's skin from the sun's harmful ultraviolet rays, which can cause skin cancer. Teaching your children about the importance of sun protection can help them develop sun-safe habits that last a lifetime.

SUN PROTECTION TIPS FOR CHILDREN

UV exposure is the most preventable risk factor for skin cancer. Here are some tips to help you incorporate sun safety into your child's life:

Be generous with sunscreen:

- Apply sunscreen to your child's skin 15 minutes before sun exposure.
- Use a broad-spectrum, water-resistant sunscreen with an SPF of 30 or higher.
- Apply enough sunscreen to cover all exposed skin, including the ears, the tops of the feet and the part in your child's hair.
- Reapply your child's sunscreen approximately every two hours, even on cloudy days, and immediately after swimming or sweating.
- If using spray sunscreen, hold the nozzle close to your child's skin and spray
 generously to cover all exposed skin. Rub it in afterwards to ensure you
 didn't miss any spots. For your child's face, spray the sunscreen into
 your hands first, then apply it to your child's face.
- Set a good example by applying sunscreen to your skin as well.

Choose protective clothing:

- Whenever possible, dress your child in lightweight, long-sleeved shirts and pants, a wide-brimmed hat and sunglasses with UV protection.
- Most clothing absorbs or reflects some UV rays. However, light-colored
 and loose-knit fabrics as well as wet clothes that cling to the skin do not
 offer much sun protection. In general, the tighter the weave of the fabric
 and the darker the fabric color, the more UV protection clothing offers.

Prevent. Detect. Live.®

To find a free SPOTme® skin cancer screening in your area, visit **SpotSkinCancer.org** or call 888-462-DERM (3376)

Limit time in the sun:

- The sun's rays are strongest between 10 a.m. and 2 p.m. Try to schedule activities to avoid these peak hours.
- When your child is outdoors, remind them to look at their shadow. If their shadow appears to be shorter than they are, the sun's rays are strongest, and they should seek shade.
- Use extra caution near water, snow and sand because they reflect and intensify the damaging rays of the sun, which can increase the chance of sunburn.

SUN PROTECTION TIPS FOR BABIES

Sun protection is important at every stage of life, including infancy. Follow these tips to keep your baby safe from the sun:

Stay in the shade:

- Shade is the best way to shield your baby from the sun, especially if he or she is younger than 6 months old.
- If you can't find shade, create your own using an umbrella, canopy or the hood of a stroller.

Choose protective clothing:

- Dress your baby in lightweight long-sleeved shirts and pants.
- Make sure your baby wears a wide-brimmed hat and sunglasses with UV protection.

Consider sunscreen:

- Sunscreen use should be avoided if possible in babies younger than 6 months old.
 However, if shade and adequate clothing are not available, parents and
 caretakers can apply a minimal amount of sunscreen on children
 younger than 6 months.
- Choose a broad-spectrum, water-resistant sunscreen with an SPF of at least 30.
- Sunscreens containing titanium dioxide or zinc oxide are less likely to irritate a baby's sensitive skin.
- Reapply your child's sunscreen every two hours or immediately after swimming or sweating.

Be safe on hot days:

- Make sure your baby does not get overheated and drinks plenty of fluids.
- If your baby is fussy, crying excessively or has redness on any exposed skin, take him or her indoors immediately.

Whether you're enjoying a day together at the beach or watching your child participate in an outdoor sport, it's important to develop sun protection habits that will protect the whole family. If you have any questions about sun protection, talk to a board-certified dermatologist.

Children and Skin Cancer



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It is not death that a man should fear, but he should fear never beginning to live.

- Marcus Aurelius

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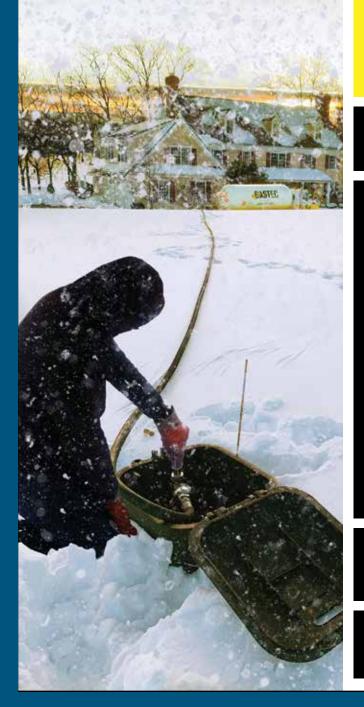
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